

AS-U-R

Supporting Students with Executive Function Challenges



Inhibition/Impulse Control:

Ability to inhibit, resist, or not act on impulse



Emotional Control:

Ability to modulate emotional responses



Task Initiation:

Ability to begin a task or activity



Flexibility/Shifting Tasks:

Ability to move freely from one situation to another



Self-Monitoring:

Ability to keep track of behavior and its effect on others



Working Memory:

Capacity to actively hold information in the mind to complete a task



Planning/Organization

Ability to manage current and future-oriented tasks



Task Monitoring:

Ability to keep track of individual problem-solving success and failure



Organizing Materials:

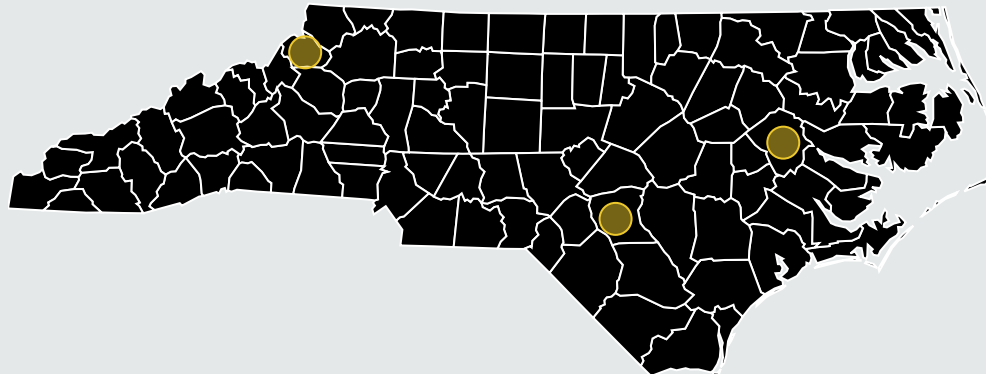
Organization of environment with respect to orderliness



SERVICES:

- Strategic tutoring
- Peer mentoring
- Drop-in assistance
- Intensive support & accountability
- Dedicated quiet rooms in Study Central
- Access to assistive technology (Livescribe Smart Pen)
- Transition assistance for incoming students
- Coordination with other campus resources

College STAR Campuses



Appalachian State University - Boone, NC
East Carolina University - Greenville, NC
Fayetteville State University - Fayetteville, NC

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